

<b>TAKEOFF</b>	<b>LANDING</b>	<b>TAKEOFF</b>	<b>LANDING</b>	<b>TAKEOFF</b>	<b>LANDING</b>
<u>Takeoff Briefing</u>		<u>Takeoff Briefing</u>		<u>Takeoff Briefing</u>	
<b>Altimeter</b>	<b>Gear</b>	<b>Altimeter</b>	<b>Gear</b>	<b>Altimeter</b>	<b>Gear</b>
<b>Belts</b>	<b>Flaps</b>	<b>Belts</b>	<b>Flaps</b>	<b>Belts</b>	<b>Flaps</b>
<b>Controls</b>	<b>Wind</b>	<b>Controls</b>	<b>Wind</b>	<b>Controls</b>	<b>Wind</b>
<b>Canopy</b>	<b>Airspeed</b>	<b>Canopy</b>	<b>Airspeed</b>	<b>Canopy</b>	<b>Airspeed</b>
<b>Cable</b>	<b>Trim</b>	<b>Cable</b>	<b>Trim</b>	<b>Cable</b>	<b>Trim</b>
<b>Divebrakes</b>	<b>Traffic</b>	<b>Divebrakes</b>	<b>Traffic</b>	<b>Divebrakes</b>	<b>Traffic</b>
<b>Emergency plan</b>	<b>Spoilers</b>	<b>Emergency plan</b>	<b>Spoilers</b>	<b>Emergency plan</b>	<b>Spoilers</b>

	Min Sink	Best L/D
2-33 Dual	42	50
2-33 Solo	38	45
1-26	40	53

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<b>Controls</b>	<b>Wind</b>	<b>Controls</b>	<b>Wind</b>	<b>Controls</b>	<b>Wind</b>
<b>Canopy</b>	<b>Airspeed</b>	<b>Canopy</b>	<b>Airspeed</b>	<b>Canopy</b>	<b>Airspeed</b>
<b>Cable</b>	<b>Trim</b>	<b>Cable</b>	<b>Trim</b>	<b>Cable</b>	<b>Trim</b>
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**Preflight**

Rudder lock  
Rudder Pedals  
Ballast  
Release check  
Pitot Cover  
Tire & Skid cond  
Rear seat secure for solo

**Post Flight**

All tie-downs  
Pitot cover  
Rudder lock  
Control lock  
Ballast  
Personal possessions  
Sunshield  
Writeups

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